Amendments to the Claims:

This listing of claims replaces all prior versions and listings of claims in this application.

Listing of Claims:

1. (Currently Amended) A construction board having an integrated fastening means for mounting the construction board on a construction material, for example a metal or wooden stud, comprising a cage arranged into the construction board and a screw arranged into the cage, wherein the screw is telescopic and has a dismounted position, or a not extended position, and a mounted position, or an extended position, and wherein the telescopic screw comprises two parts having threads with the same pitch, of which the first part is telescopically received into the second part.

2. (Cancelled)

- 3. (Currently Amended) A construction board according to claim 1 2, wherein the both two parts of the telescopic screw are formed with carrier members for engagement with a tool for screwing the both two parts into the construction material
- 4. (Previously Presented) A construction board according to claim 3, wherein the carrier members consists of projections on the said second part for engagement with the tool after principally complete screwing of the said first part into the construction material.
- 5. (Currently Amended) A construction board according to claim 1, wherein the said first part is formed with a head that abuts against a shoulder into the said second part after being screwed into a construction material.
- 6. (Currently Amended) A construction board according to claim 1, wherein the said second part has a collar that will abut a shoulder into the cage after the said second part has been screwed into the construction material.
- 7. (New) A construction board according to claim 1, wherein the construction material comprises a metal stud or a wooden stud.

Support for Amendment:

Claim 1 is amended to include the features of dependent claim 2. As a result, claim 2 is cancelled.

Claim 1 is additionally amended by deleting the phrase "for example a metal or wooden stud." This feature has been introduced in new dependent claim 7.

Claim 3 is amended so that it depends on claim 1 rather than cancelled claim 2. In addition, claim 3 is amended so that the claim refers to "the two parts" rather than "the both parts." It is submitted that this amended is consistent with antecedent.

Claims 5 and 6 are amended by cancelling the word "said" because the word is redundant since it follows the word "the."

No new matter is introduced by this amendment, and entry thereof is requested. Upon entry claims 1 and 3-7 are active in this application.